

**J. Sargeant Reynolds Community College**  
**Course Content Summary**

**Course Prefix and Number:** SDV 101      **Credits:** 1

**Course Title:** Orientation to Health Science

**Course Description:**

Introduces students to the skills that are necessary to achieve their academic goals, to services offered at the college, and to the health science program. Covers topics such as services at the college, including the library; counseling and advising; listening, test taking, and study skills; and career opportunities in the health science field. Emphasizes study skills and strategies specific to students in health science. Introduces students to the programs and career opportunities available in the health science field. Meets SDV requirements for graduation. Lecture 1 hour per week.

**General Course Purpose:**

To assist students in effectively transitioning into college, improving retention rate of students, and introducing students to careers in health science.

**Course Prerequisites and Co-requisites:**

None

**Student Learning Outcomes:**

Upon completing the course, the student will be able to

- Identify appropriate college procedures for
  1. Drop/Add/Withdraw;
  2. Financial aid;
  3. Library usage;
  4. Sign up for college emergency messages;
- Choose a career field and the academic program that will assist in pursuing the student's selected career goal(s);
- Define cultural and identify cultural differences in family, work, and social life;
- List and successfully apply two techniques relating to each of the following college transition areas:
  1. Note-taking;
  2. Test-taking;
  3. Reading comprehension;
  4. Time management;
  5. Goal setting;
  6. Financial management;
  7. Advising;
  8. Student Information System (SIS) and advising reports;
- List five campus resources that assist students and how students may access the resources;
- Select the appropriate academic program and course options for enrollment in subsequent terms;
- Identify health care occupational careers and requisite educational/occupational skills
  1. Identify three functions of a respiratory therapist;
  2. Identify dental professions career pathways;

3. Identify six EMS functions;
4. Identify the education and training necessary for one nursing specialty/career (nurse aide, practical nursing or registered nurse);
5. Identify two services performed in the opticianry profession and how these services are delivered;
6. Identify the HIM career pathways;
7. Identify three skills a clinical lab scientist should have to be successful; and
8. Identify the roles and responsibilities of the Certified Registered Central Service Technician (CRCST).

**Major Topics to Be Included:**

- Critical thinking (objectives: 1, 3, 5D, 5E, and 5F)
- General study skills and styles (objectives: 5A, 5B, 5D, 5E)
- Specific health science study skills (5A, 5B, 5C, 5D, 5E, 5H)
- Financial management (objectives: 5F)
- Policies and procedures of the institution (objectives: 1, 6)
- Academic advising (objective: 6)
- Career development (objectives: 8A-H)
  1. Health Science Program and Career Exploration

**Effective Date/Updated:** January 12, 2018