# J. Sargeant Reynolds Community College Course Content Summary

Course Prefix and Number: EMS 138 Credits: 1

**Course Title: Trauma Care Lab** 

#### **Course Description:**

Focuses on the skills required for the assessment and management of patients with traumatic injury. Prerequisites: Current Virginia EMT and CPR certification as approved by the Virginia Office of EMS. EMS 121, EMS 123, EMS 125, EMS 126, EMS 127, EMS 128. Corequisite: EMS 137. Laboratory 2 hours per week.

#### **General Course Purpose:**

The purpose of this course is to teach the student principles of care and management of patients complaining of traumatic injury.

## **Course Prerequisites and Co-requisites:**

Prerequisite: Current Virginia EMT and CPR certification as approved by the Virginia Office of

EMS. EMS 121, EMS 123, EMS 125, EMS 126, EMS 127, EMS 128

Co-requisite: EMS 137

#### **Student Learning Outcomes:**

Upon completing the course, the student will be able to

- Perform a minimum of two (2) trauma physical assessments on an adult patient in the laboratory setting;
- Perform a minimum of two (2) trauma physical assessments on an adult patient in a scenario;
- Demonstrate competency in initiating intravenous therapy in a minimum of five (5) scenarios;
- Demonstrate competency administering an intravenous bolus;
- Demonstrate competency in performing needle cricothyrotomy on a minimum of (2) patients in a laboratory setting;
- Demonstrate competency in performing endotracheal intubation on a minimum of (2) adult patients suffering traumatic injury in the laboratory setting;
- Demonstrate competency in initiating an intraosseous infusion in a minimum of two (2) scenarios; and
- Demonstrate competency in the use of basic trauma management skills in the laboratory setting.

## **Major Topics to Be Included:**

- a. Trauma Patient Assessment
  - Considerations in traumatic injuries
  - Systematic approach
  - Rapid trauma assessment

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- Focused trauma assessment
- b. Trauma Patient Management
  - Use of intravenous fluids
  - Consideration of intraosseous use
  - Perform cricothyrotomy
  - Endotracheal intubation on a trauma patient
- c. Basic Trauma Skills
  - Spinal immobilization (supine patient)
  - Spinal immobilization (seated patient)
  - Joint splinting
  - Long bone splinting
  - Traction splinting
  - Hemorrhage control

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